



mhca's e-Newsletter

Published September 2023

Unlocking Success: 6 Ways Technology Enhances Substance Use Disorder Treatment & Access to Addiction Recovery Care

Guest article by NextGen Healthcare

It's National Recovery Month and building a stronger addiction recovery infrastructure, as well as spreading substance use disorder (SUD) awareness, is top of mind. From detoxification to evidence-based treatment, residential and outpatient rehabilitation, counseling, therapy, and more, the costs and accessibility to care can significantly impact an individual's path to recovery. The right technology helps streamline the entire process, making it more efficient and sustainable. With six innovative IT solutions, we can revolutionize SUD treatment and provide individuals access to the services they need.

1. Practice Management: Building a Strong Foundation

A practice management solution is the bedrock of managing addiction treatment. It slashes time-consuming tasks and helps detect claim errors early. Seek a practice management platform that harmonizes your workflow across the revenue cycle, enabling your organization to operate more efficiently while providing real-time data and key performance indicators essential for informed business decisions.

2. Revenue Cycle Management (RCM): Optimizing Your Financials

Enabling swifter, more efficient revenue cycle management is critical to maximizing financial performance. Opt for a solution or services company fostering efficiency and enforcing robust financial control mechanisms using established checks and balances. With an effective RCM services partner, your organization can reduce the time and cost associated with resolving claims, denials, and accounts receivable (A/R) challenges. This approach can help your organization allocate fewer resources to operations management while increasing collections.

3. Medication-Assisted Treatment: Streamlining Evidence-Based Therapy

Evidence-based therapy such as medication-assisted treatment (MAT), combining therapy with medications like methadone, buprenorphine, or naltrexone, are commonplace at addiction treatment centers. In-person and telehealth services are employed to monitor and support individuals undergoing MAT, making it more convenient and accessible. It's vital to ensure your IT platform integrates software like Methasoft—a methadone dispensing system—to guarantee compliance with regulatory requirements and enhance communication, reporting, and efficiency.

4. Interoperability: Safeguarding Client Information

A secure, comprehensive database for storing and swiftly accessing protected client information is crucial to ensure the right care, dosages, and treatment protocols are administered to the correct individuals. Securely managing and sharing client records among various providers ensures seamless continuity of care. Don't underestimate the importance of data security and privacy in technology-assisted recovery and the rigorous measures taken to protect sensitive information. Ensure your IT platform is secure and meets regulatory demands.

5. Patient Engagement: Overcoming Geographical Barriers

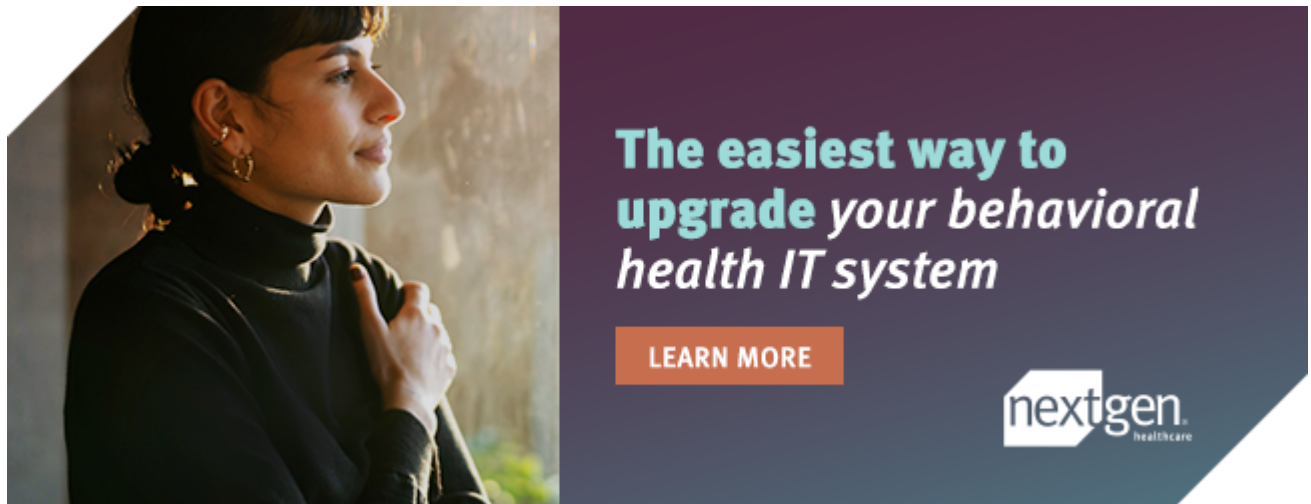
Increasing accessibility to services is pivotal to successful recovery. Teletherapy, powered by client engagement technology, eliminates geographical barriers, offering the convenience of tailored therapies without extensive travel. Whether the sessions are one-on-one, group-based, or a combination, individuals can participate from the comfort of their homes. The right software streamlines online scheduling, virtual sessions, and online payments—making remote services accessible. Improved access plays a critical role in handling crises. A virtual platform enables quick interventions that can prevent relapses and medical emergencies.

6. Embracing Mobility: A 'Digital Front Door' to Recovery

To meet rising expectations, consider opening new communication avenues. Tools are available to enhance communication and keep your clinicians and staff synchronized throughout the client's journey. Health

record software accessible from mobile devices, such as smartphones or tablets, is ideal. It enables scheduling appointments, processing online payments, and conducting virtual meetings—offering convenience and productivity. Mobile apps designed for tracking sobriety, providing daily inspiration, or offering crisis intervention promote additional opportunities to enhance care and enrich lives significantly.

By harnessing these innovative IT solutions, addiction recovery organizations can make a profound impact on their clients' journey to recovery. Not sure where to begin your journey to find the best IT software for your SUD organization? Check out this e-book, ***10 Steps: Find the SUD IT Solution That's Right for You.***



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