



mhca's e-Newsletter

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## On the Verge



As 2020 draws to a close, things still feel off-kilter. Work, school, recreation and holiday celebrations are not what they were this time last year. Just as vaccines are being rolled out, new variants of COVID

are emerging. It's enough to make anyone feel like a grumpy grinch.

The only thing we can count on for 2021 is that we will continue to face challenges that will force us to change the way we do things both personally and professionally. Thankfully, we have proven time and again that we are nothing if not adaptable, innovative and resilient.

History has shown us that we can have stability, or we can have progress – but we can't have both simultaneously. We've been through epidemics, wars and famines, but when you look back over the long course of history, these trials are small aberrations in the overall upward trajectory of human well-being. Despite recurring tragedies, things keep getting better. It seems catastrophe fuels innovation and we progress by leaps and bounds in the face of our greatest adversities.

With this history in mind, I am optimistic that we can overcome our default setting of preserving the status quo, and instead work together to discover new ways to thrive in this world of constant change.

As we enter the New Year, let's all resolve to stay connected through open communication that allows collaboration. I am confident that we can bring out the best in one another and build a brighter future for everyone.

Wishing you each a joyous holiday season and a happy, healthy and prosperous New Year.

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