



mhca's e-Newsletter

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Moving Beyond Trial and Error Prescribing with Pharmacogenomic Testing

Pharmacogenomic testing can improve prescribing safety and efficacy. Patients' genetic information helps clinicians develop treatment plans with the highest likelihood of success, reducing costs as well as the risk of severe adverse events.

Did you know?

- Genetics can account for 20-95% of the variability in an individual's response to drugs
- 2.2 million severe Adverse Drug Events (ADEs) occur in the U.S. every year
- ADEs are the fourth leading cause of death in the U.S. and account for approximately \$3.5 billion in extra medical costs annually

The [Genecept Assay®](#) is an easily administered cheek swab test that analyzes key genes that have been selected based on hundreds of studies showing that variations in these genes can inform treatment decisions. It identifies patient-specific genetic markers that indicate which treatments are likely to work as

intended, have no effect or cause adverse effects. The Assay is used to guide treatment for a range of psychiatric conditions, including depression, anxiety, obsessive-compulsive disorder (OCD), attention-deficit hyperactivity disorder (ADHD), bipolar disorder, post-traumatic stress disorder (PTSD), autism, schizophrenia, chronic pain and substance abuse, and has been shown in peer-reviewed published studies to improve patient outcomes and reduce overall medical costs. Each Assay provides clinicians with an easy-to-read patient report and a complimentary psychopharmacogenomic consultation.

Recent research found 87 percent of patients demonstrated a clinically measurable improvement with treatment guided by the Genecept Assay. It also reported improvement in 91 percent of patients who had failed at least two medications in the past: <https://genomind.com/clinical-evidence/>.

READ MORE: [The Potential Utility of Pharmacogenetic Testing in Psychiatry](#)

Curious about Pharmacogenomic Testing?

[Genomind](#) will provide 45 FREE Genecept Assay® tests to **mhca** members registered to attend the session “*INNOVATION!! In Search of Personalized Psychiatry in Community Mental Health*” during our Fall Conference in Scottsdale.

To receive a free Genecept Assay™ test kit, be one of the first 45 mhca members to:

1. **Register** for the “INNOVATION!! In Search of Personalized Psychiatry in Community Mental Health” session at our Fall Conference in Scottsdale, AZ.
2. **Email** cbarnes@mhca.com your home mailing address - Genomind will mail you a free Genecept Assay™ kit by September 15.
3. **Agree** to complete and return your kit to Genomind before September 27 so you can receive your confidential test results at the **mhca** conference. Test results will be provided to **mhca** in individual sealed envelopes and distributed to participating members at the conference.

More News from mhca!



Fall Conference

Check out the agenda for **mhca**'s Fall Conference in Scottsdale, Arizona - registration is now open! If you need assistance with a hotel reservation,

contact Glenda at gdeal@mhca.com For more information,

[Click Here](#)



Winter Conference

Join us in Clearwater Beach for our Winter Conference and Annual Meeting. This is our most well-attended meeting of the year and our hotel block will sell out quickly. For conference and hotel information,

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