

Weekly Bulletin for July 23, 2020

MEMBER NEWS

Lighthouse Telehealth to provide telemedicine services to Grafton Integrated Health Network in Virginia

Lighthouse Telehealth, LLC, a subsidiary of Harbor in Toledo, will begin providing psychiatric assessments, pharmacologic management and consultation via telehealth to Grafton Integrated Health Network (Grafton) of Virginia. Grafton is a is a behavioral health care organization partnering with children, adolescents, and adults with complex behavioral health challenges.

https://harbor.org/news-events/press-release-lighthouse-telehealth-to-provide-telemedicine-services-to-grafton-integrated-health-network-in-virginia

Cohen Veterans Network to Open its First Mental Health Clinic for Veterans and Military Families in Oklahoma

CVN's partner for this clinic is **Red Rock Behavioral Health Services**, an Oklahoma City-based not-for-profit agency that started over 44 years ago with a small grass-roots group of individuals and a budget of \$50,000.

http://stocks.newsok.com/newsok/news/read/40195372/Cohen Veterans Network to Open its First Mental Health Clinic for Veterans and Military Families in Okla

Terros Health's innovative justice clinics grab national attention

Terros Health and Maricopa County Adult Probation Department have received a national award for a first-in-the-nation program designed to improve probationers' access to integrated health services and reduce recidivism.

https://azbigmedia.com/business/terros-healths-innovative-justice-clinics-grab-national-attention/

MONARCH INCORPORATES OCCUPATIONAL THERAPY SERVICES IN MENTAL HEALTH TREATMENT

"Occupational therapy services play an important role in mental health treatment and recovery. We plan to create a holistic, occupational therapy program that will serve both the people we support and as a model for other mental health practices," said Dr. Terhune, who is an occupational therapy professional by training.

https://monarchnc.org/monarch-incorporates-occupational-therapy-services-in-mental-health-treatment/

New programs use mental health professionals as an alternative to police

The Support Team Assisted Response (STAR) program is an initiative in which mental health professionals from **Mental Health Center of Denver** partner with paramedics to respond to 911 calls that are low-risk.

https://www.today.com/video/new-programs-use-mental-health-professionals-as-an-alternative-to-police-86801989920

The pandemic has impacted those with mental illness. This Lee's Summit group helps

Lee's Summit residents who are showing increased levels of depression and anxiety can turn to ReDiscover, a local mental health center, for help.

https://www.kansascity.com/article243905282.html

SummitStone Health Partners Awarded FEMA Grant to Provide Counseling Services to those Impacted by the COVID-19 Pandemic

SummitStone Health Partners, in collaboration with the Health District of Northern Larimer County, has been selected to provide mental health disaster response due to the ongoing COVID-19 pandemic. A 24-hour crisis counseling and resource call-line, named Colorado Spirit, is now available to anyone impacted by COVID-19. The mission of Colorado Spirit is to assist individuals across Larimer County in recovering from the psychological effects of COVID-19 through the provision of community-based outreach and educational services.

https://www.prweb.com/releases/summitstone health partners awarded fema grant to provide counseling services to those impacted by the covid 19 pandemic/r

McLean County announces 1st rural COVID-19 testing site

McLean County Health Department Administrator Jessica McKnight said the health department is partnering with **Chestnut Health Systems** to increase COVID testing in the county by co-sponsoring the first rural testing site.

https://www.pantagraph.com/news/local/mclean-county-announces-1st-rural-covid-19-testing-site-17-new-cases-reported-tuesday/article_c7c02493-da7d-5d2f-a028-ca8eec101538.html

CarePlus Awarded Over \$400,000 in Funding from FCC to Bolster Telehealth Services Amid Pandemic

Care Plus NJ, Inc., a pioneer in integrated primary and behavioral health services for adults and children, announces it has been awarded \$442,361 in funding from the Federal Communications Commission's Wireline Competition Bureau to bolster its telehealth services.

https://www.tapinto.net/towns/hackensack/sections/health-and-wellness/articles/careplus-awarded-over-400-000-in-funding-from-fcc-to-bolster-telehealth-services-amid-pandemic

Take Care Of Yourself During Coronavirus With The Aurora Mental Health Center

Aurora Mental Health Center is reminding everyone to take care of themselves and they are available to help with their Support Line. Erin Ralston, a therapist from the health center, joined Kelly Werthmann on CBSN Denver to explain how the support line is making a difference for Coloradans who may be struggling with the stress and anxiety brought on by the pandemic.

https://denver.cbslocal.com/2020/07/15/aurora-mental-health-self-care/

More People Seeking Addiction Treatment, Rehab Centers In Illinois Say

Brent Cummins, a clinician director at **Chestnut Health Systems** in the Metro East, said the need for narcan and methadone are substantial, especially during the pandemic.

https://www.peoriapublicradio.org/post/more-people-seeking-addiction-treatment-rehab-centers-illinois-say#stream/0

Mental Health Partners (MHP) 3rd Annual Boulder Skyline Traverse Challenge

Over the past two years, this event has raised over \$35,000 towards suicide prevention education in Boulder and Broomfield Counties. This year, these Challenges will continue to raise money for suicide prevention training, as well as fund education regarding anxiety, depression, and other mental health challenges.

https://www.mhpcolorado.org/2020-boulder-skyline-traverse-challenge/

INDUSTRY NEWS

After the Curve: An Analysis of the Changing Face of Healthcare

In the same way that the events of September 11, 2001, suddenly and permanently changed the way we travel, the current Coronavirus (COVID-19) pandemic is suddenly and permanently changing the way we deliver, consume and pay for healthcare services in the United States.

https://www.natlawreview.com/article/after-curve-analysis-changing-face-healthcare

Michigan to require implicit bias training for healthcare providers

Michigan Gov. Gretchen Whitmer signed an executive directive July 9 that will require healthcare professionals in the state to undergo implicit bias training to improve racial equity. The order directs the state's Department of Licensing and Regulatory Affairs to develop rules mandating the training before medical professionals can receive, renew or register their license.

https://www.beckershospitalreview.com/hospital-management-administration/michigan-to-require-implicit-bias-training-for-providers.html

Telemedicine is booming during the pandemic. But it's leaving people behind.

Patient portals are generally not written at the fifth-grade reading level that the Joint Commission — the nation's largest accrediting body in health care — recommends, and they are generally available only in English or, in a best-case scenario, in English and Spanish, leaving our most vulnerable patients behind.

 $\underline{\text{https://www.washingtonpost.com/outlook/2020/07/09/telemedicine-is-booming-during-pandemic-its-leaving-people-behind/?wpisrc=nl_sb_smartbrief}$

FCC approves new 3-digit number for National Suicide Hotline beginning in 2022

The Federal Communications Commission voted and approved Thursday that the new National Suicide Hotline number beginning in July 2022 will be 988. The vote was passed unanimously, CNN reported. The current number is 1-800-273-8255 and it will still work after the new number goes into effect.

https://www.wtxl.com/news/national/fcc-approves-new-3-digit-number-for-national-suicide-hotline-beginning-in-2022

Coronavirus pandemic prompted creative thinking and innovation at Henry Ford hospitals

"We worked with automotive companies, automotive suppliers, plastics companies, local tailors and seamstresses, really working with a variety of company sizes across varying industries," Riley said.

https://www.freep.com/story/news/health/2020/07/20/coronavirus-pandemic-drives-medical-innovation-forward-henry-ford/5386284002/

BUSINESS NEWS & LEADERSHIP ARTICLES

How to navigate sensitive conversations on difficult topics

In the last several weeks, several leaders have reached out and asked me how to hold conversations about racial relations that will deepen understanding without creating offense.

https://www.smartbrief.com/original/2020/07/how-navigate-sensitive-conversations-difficult-topics?utm_source=brief

Why leaders should be writing more down

Use a journal to write down ideas, review your actions and reflect on what you can do better, writes Wally Bock. Journaling can also help work through ideas, bits of data or other things that interest you.

https://leadchangegroup.com/6-ways-to-use-your-journal-to-become-a-better-leader/

7 ways to offer emotional support to your team

Empathy is a core trait required during crisis, as employees need to feel they can show emotion, share concerns and see vulnerability in their managers, too, writes Joel Garfinkle. "To establish yourself as an authentic leader, show your team that you experience anxiety about the future, yet feel an intrinsic sense of confidence in your team that affirms you have what it takes to get through this crisis," he writes.

https://www.smartbrief.com/original/2020/07/your-team-needs-empathetic-leader-during-crisis?utm source=brief

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